

NAMEQUOIT SAILING ASSOCIATION

2009 JUNIOR SAILING PROGRAM

The NSA junior sailing program is an instructional program for junior members who are 9 years old or older. The mission of the junior sailing program is to instill the joy of sailing and to teach sailing and racing skills to the beginner, intermediate, and the more advanced sailor. All sailing classes are taught by certified U.S. Sailing instructors, according to standards and guidelines set by the U.S. Sailing organization. The junior sailors are taught in Hunter 140's and Vanguard 420's.

Namequoit Sailing Association is located on Keziah's Lane, Orleans, MA, and the sailing club sits on Frost Fish Cove. We sail on "the River" which opens into Little Pleasant Bay.

Classes will run Monday through Friday.

- Two morning classes, one for ages 9 - 11, and the other for ages 12 and older.
- Two afternoon classes; one for ages 9 - 12, the other class for junior sailors who are interested in a racing program.
- Morning classes 9am to 12 pm.
- Afternoon classes 1pm to 4pm.

RATES

<u>NSA MEMBERS</u>		<u>NON-MEMBERS</u>	
1 week	\$135.00	1 week	\$205.00
2 weeks	\$215.00	2 weeks	\$285.00
3 weeks	\$295.00	3 weeks	\$365.00
4 weeks	\$375.00	4 weeks	\$445.00
5 weeks	\$455.00	5 weeks	\$525.00
6 weeks	\$535.00	6 weeks	\$605.00
7 weeks	\$615.00	7 weeks	\$685.00
8 weeks	\$695.00	8 weeks	\$765.00

Sailing scholarships are available.

More about the program: A child enrolled in the sailing program is a junior member of Namequoit Sailing Association. Junior members are welcome to use the club boats to participate in the NSA weekend racing series. Junior members are encouraged to participate in the Chatham Regatta and in other inter-club races around Pleasant Bay. A supervised cookout for junior members is held every Tuesday evening from 6 - 8 pm. The annual award ceremony is scheduled for Friday, August 21 at 4:30 pm.

Please feel free to contact me if you have any questions.

Junior Program Director: Jenny Avellar (508) 255-6198 - email javellar31@netscape.net

Also, please pass along the good word about our junior sailing program to friends and relatives. Word of mouth is our best form of advertising. Thank you.